

There is more to life than work

Reassembling quotes about work and quality of life

Overview

Working in pairs, the participants explore a quote about the relationship between work and quality of life, before presenting their position to the group. The activity encourages them to think about their own opinions on work and achievement, and to exchange their views with others.




Instructions

Preparation

Each quote is divided into halves. Enough quote halves are printed or written on moderation cards for each participant to receive one.

Execution

- Each participant receives a card showing one half of a quote. Their task is to find the person holding the matching half. Once two participants have formed a complete quote, they discuss its meaning. The following questions can be used to guide the discussion:
 - › Do you agree with the quote? Why/why not?
 - › Can you think of examples in your everyday life to which this quote applies?
 - › What is the significance of work for a good, fulfilled life?
- Next, the participants take turns to display their quotes and present their thoughts on them.

	10-30
	25 minutes
	Moderation cards Downloadable materials (www.endlich-wachstum.de): Quotes

Tips for facilitators	This method provides a very good introduction to the topic of “work” or “the value of work”.
Suggestions for follow-up	The topic can be explored further with the methods: “The happy angler” (chapter 3), “How do we want to work?” (chapter 3) or “The 20-hour week” (chapter 5), all currently only available in German - see www.endlich-wachstum.de . The other methods in this chapter on the topic of prosperity and good life are also suitable follow-up activities.